

# Join our Navigation Team as a Dedicated Caregiver!

Role: Companionship Caregiver and/or Personal Care Worker Company: New Phase Navigation Phone: 720-734-8946 Location: Denver, CO / Remote Hours: 4-6 hrs/2-3 days/week (flexible schedule) Pay: \$19.32-\$22.17/hr

New Phase Navigation is seeking motivated, compassionate individuals who are interested in a position as an in-home caregiver (non-medical). Build your resume with the experiences you will gain as part of our new team!

This is a great opportunity to gain experience in skills you can use in various careers. As we grow, we're not just expanding our care network; we're creating opportunities for individuals to explore diverse interests and passions whether it be in the area of nursing, social work, or public health or areas like such marketing, design, and development.

### **About New Phase Navigation**

New Phase Navigation is a care navigation company dedicated to providing comprehensive multi-systemic care for adults undergoing health transitions. We have created a model that allows for personalized care to reach our clients —every individual is carefully matched with a dedicated case manager, counselor, and caregiver. This unique navigation team is tailored to meet the diverse needs of our clients, regardless of their care setting. We specialize in assisting adults in transitioning to different levels of care, managing complex care coordination, and ensuring they can access the services they need to thrive in their current phase of life while feeling well-prepared for the next.

### **Overview of the Role**

At New Phase Navigation, we believe that mind, care, and community are all equally important in navigating changes in our lives. As a **Caregiver** at New Phase Navigation, you are an essential member of the Navigation Team, providing direct care, support, and companionship to individuals facing health challenges. Your role is grounded in



empathy and compassion, contributing to the overall well-being of clients as they navigate through various phases of their health journeys.

### Job Description and Responsibilities:

- Complete a home assessment of current living situation, including layout of home, accessibility
- Identify areas to increase safety and discuss with client and navigation team to explore viable interventions and solutions
- Assist clients with activities of daily living (ADLs) including, but not limited to, bathing, dressing, grooming, toileting, mobility and transferring
- Empower clients to actively participate in decision-making regarding their care
- Assist with use of technology that may enhance client care and communication
- Assist clients with meal preparation according to an established meal plan and dietary restrictions
- Provide reminders of when to take daily medications based off health provider recommended regimen
- Complete homemaker services such as laundry, vacuuming, dishes, etc...
- Provide companionship and encourage activities that contribute to client's mental and physical well-being such as memory-building and outings
- Engage in meaningful conversations and promote socialization with clients through outings or facility-led activities
- Assist with iADL tasks such as organization of mail, creation of budget of for bill payments, or maintaining calendars
- Assist clients with transportation to and from appointments and other activities (grocery store, post office)
- Document in Electronic Health Record both clients updates and the assessment of client affect

## Why Join Us?

This is an opportunity to be part of something new and impactful. At New Phase Navigation, our commitment to creating healthcare solutions is deeply rooted in the belief that community connection is not just a value; it is the very foundation of who we are. We aim to contribute to shaping the future of healthcare support by not only actively engaging our clients with our navigation team, but by connecting with the community at large to harness the wealth of resources our community offers. You'll explore and gain applicable knowledge of healthcare systems, legal processes, and community resources while forming meaningful relationships with other champions of change.



#### We also offer:

- Flexible schedule tailored to your availability.
- Ability to work from home; we encourage the use of technology for care coordination.
- Free clinical and group supervision for LSW and/or LCSW candidates seeking hours for licensure or CEU credits.

### **Qualifications and Attributes**

- Possess genuine care for individuals facing health challenges.
- Ability to maintain composure and patience in various caregiving situations
- Flexibility to adapt care to meet the unique needs and preferences of each individual
- Show attention to detail to observe and report changes in the physical and mental health status of clients.
- Familiarity and willingness to use assistive technology to enhance client care and communication

Qualifications:

- Physical ability to lift up to 50 pounds, walk, climb, balance, kneel, crouch
- High School diploma or GED equivalent
- Able to pass background check
- Reliable transportation and/or valid CO driver's license, and current insurance/registration on vehicle
- RN and CNA students welcome!
- Bilingual preferred

### How to Apply:

Send your resume to zeina<u>@newphasenavigation.com</u>. Be part of our pioneering team, creating a new phase of support in healthcare!